

UW Medicine

UW SCHOOL
OF MEDICINE

5th Annual
**MEN'S HEALTH
UPDATE**



Friday-Saturday

August 23-24, 2019

Orin Smith Auditorium

UW Medicine, South Lake Union

850 Republican Street | Seattle, WA 98109

Sponsored by UW School of Medicine
Department of Urology
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for the practicing community of primary care providers and urologists who are seeking an update on important clinical topics in men's health. The course is also well-suited for nurses, nurse practitioners, physician assistants, fellows and residents.

COURSE DESCRIPTION

With the evolution of American healthcare and the reorganization of many regional healthcare systems, there are ever-increasing demands for healthcare access. As a result, primary care providers are increasingly caring for broader spectrum of disease, including urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is an established medical arena where specialized knowledge is required. The diagnosis and management of Men's Health diseases are continually evolving and are heavily influenced by advances in diagnostic technology, medications, and surgical devices. The greatest challenge that care providers face is staying up-to-date with the changes in this field, thereby assuring state-of-the-art care for their patients.

An internationally acclaimed faculty has been assembled to provide this update, with presentations on topics such as prostate screening and treatment, testosterone deficiency and the controversy of testosterone replacement, male urinary dysfunction, kidney and bladder pathology, sexual dysfunction, male infertility and the changing influence of marijuana, and genital pain syndromes. During the plenary sessions, attendees will have the opportunity to participate in case discussions and question-and-answer sessions.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 11.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Describe the management options for men with localized prostate cancer, including active surveillance.
- Review quality-of-life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the evaluation of men with microscopic and gross hematuria.
- Identify the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Compare the relationship between cardiovascular disease and erectile dysfunction.
- Offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Examine the association between male infertility and disease.
- Discuss the evidence-based evaluation of male infertility.
- List the key elements of a BPH evaluation and provide appropriate treatment options.
- Describe the appropriate evaluation of men with scrotal content pain and review the evidence-based initial treatment approach.
- Recognize the role of non-narcotic pain management in patients with chronic pelvic and genital pain.



FEES AND REGISTRATION

To enroll, please register online at uwmcme.org or complete the registration form. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

MD/DO/PhD	\$299.00
Allied Health	\$249.00
*Resident/Fellow	\$150.00

***Resident/Fellow rate requires written confirmation of current status.
Walk-in registrations incur a \$25 administrative fee.**

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, instructional materials, record keeping, faculty planning and evaluation and may include food, beverages, taxes and gratuities to vendors.

CONFERENCE MATERIALS

Educational materials will be available online at uwmcme.org (for conference registrants only). Materials will be available beginning on **August 19, 2019** for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY

Course activities are exclusively reserved for registered attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

For the optimum learning experience of all, infants and children are not permitted in the education space for the duration of the program. All CME events support parents and nursing mothers by providing access to lactation spaces. Please send an email to cme@uw.edu by **August 9** if you will need to utilize lactation spaces.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 9, 2019**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 9, 2019**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs. Contact CME Office with questions – call 206.543.1050 or email cme@uw.edu.

SPECIAL SERVICES

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance: 206.543.6450/voice • 206.543.6452/TTY • 206.685.7264/fax • email: dso@uw.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Residence Inn by Marriott
800 Fairview Ave N
Seattle, WA 98109
206.624.6000

Staybridge Suites Seattle
1119 Mercer Street
Seattle, WA 98109
206.596.2301

Course Faculty

COURSE CO-CHAIRS

Thomas J. Walsh, MD, MS
Associate Professor
Department of Urology

Michael P. Porter, MD, MS
Associate Professor
Department of Urology

FACULTY

John Amory, MD, MPH
Professor
Division of General Internal Medicine

Bradley Anawalt, MD
Professor
Division of General Internal Medicine

Atreya Dash, MD
Associate Professor
Department of Urology

William Ellis, MD
Professor and Vice-Chair
Department of Urology

Judith Hagedorn, MD, MHS
Assistant Professor
Department of Urology

Maahum Haider, MD
Assistant Professor
Department of Urology

Jonathan Harper, MD
Associate Professor
Department of Urology
Chief of Endourology and Minimally Invasive Surgery

Corinne Heinen, MD
Clinical Associate Professor
Department of Family Medicine

Brian Jordan, MD
Acting Assistant Professor
Department of Family Medicine

Paul Merguerian, MD, MS, FAAP
Professor
Department of Urology
Division Chief, Urology
Seattle Children's Hospital
Michael Mitchell Chair Pediatric Urology

Charles H. Muller, PhD, HCLD
Senior Lecturer
Department of Urology
Director
UW Medicine Male Fertility Lab

Kevin Ostrowski, MD
Assistant Professor
Department of Urology

Sarah Psutka, MD, MSc
Assistant Professor
Department of Urology

Timothy Roddy, MD
Urologist
UW Medicine/Urology Northwest

April Schachtel, MD
Acting Instructor
Division of Dermatology
UW and Veterans Administration Puget Sound Health Care System

Michael Schweizer, MD
Assistant Professor
Division of Medical Oncology

Judy Simon, MS, RDN, CD, CHES, FAND
Clinic Dietitian, UWMC
Adjunct Faculty
Department of Nutritional Sciences

Mathew Sorensen, MD, MS, FACS
Associate Professor
Department of Urology
Director
Urology Residency Program

Hunter Wessells, MD
Professor and Chair
Department of Urology

Andrew Wright, MD
Endowed Professor
Department of Surgery
Division of General Surgery
Director
UW Medicine Hernia Center

Jonathan L. Wright, MD, MS, FACS
Associate Professor
Department of Urology

Friday, August 23, 2019

	7:30 Registration & Continental Breakfast
Prostate Cancer Moderator: Michael Porter, MD, MS	8:00 Section Overview Michael Porter, MD, MS
	8:10 Prostate Cancer Screening: Who and When? Atreya Dash, MD
	8:30 Prostate Cancer: Treatments On The Horizon William Ellis, MD
	8:50 Prostate Cancer: A Lifelong Disease Michael Schweizer, MD
	9:10 Cases - Question and Answer Session Faculty
	9:30 Break
	9:40 Hematuria and Primary Care: What Tests to Order and When to Refer Michael Porter, MD, MS
	10:00 Bladder Cancer from A to Z Jonathan Wright, MD, MS, FACS
	10:20 Renal Cysts: When to Ignore and When to Worry Mathew Sorensen, MD, MS, FACS
	10:40 Cases - Question and Answer Session Faculty
	11:00 Break
	11:10 Kidney Stones Jonathan Harper, MD
	11:30 Circumcision: Current Status Paul Merguerian, MD, MS, FAAP
	11:50 Testicular Cancer from A to Z Sarah Psutka, MD, MSc
	12:10 Cases - Question and Answer Session Faculty
	12:30 Lunch (provided)
Male Sexual and Hormonal Health Moderator: Thomas Walsh, MD, MS	1:30 Section Overview Thomas Walsh, MD, MS
	1:40 Low Testosterone: Is It Really A Disease or Just Part Of Life? John Amory, MD, MPH
	2:00 Testosterone: What Is The Role of the PCP? Bradley Anawalt, MD
	2:20 Cases - Question and Answer Session Faculty
	2:35 Erectile Dysfunction in Aging Men: How to Move Beyond Pills? Thomas Walsh, MD, MS
	2:55 Erectile Dysfunction in Young Men: Is It All In Their Head? Hunter Wessells, MD, FACS
	3:15 The Care of Transgender Patients: What Not to Miss Corinne Heinen, MD
	3:35 Cases - Question and Answer Session Faculty
	3:55 Adjourn

Saturday, August 24, 2019

	7:30 Sign-In & Continental Breakfast
Male Voiding Dysfunction Moderator: <i>Maahum Haider, MD</i>	8:00 Section Overview <i>Maahum Haider, MD</i>
	8:10 Non-Surgical Management of Urinary Retention <i>Judith Hagedorn, MD, MHS</i>
	8:30 Urinary Symptoms: Medical Treatments for LUTS <i>Brian Jordan, MD</i>
	8:50 Urinary Symptoms in Men: When to Consider Surgery <i>Maahum Haider, MD</i>
	9:10 Evidence-Based Approach to Prostatitis <i>Timothy Roddy, MD</i>
	9:20 Cases - Question and Answer Session <i>Faculty</i>
	9:40 Break
Male Reproductive and Voiding Dysfunction Moderator: <i>Kevin Ostrowski, MD</i>	9:50 Section Overview <i>Kevin Ostrowski, MD</i>
	10:00 Declining Sperm Counts: Are We Headed For Extinction? <i>Kevin Ostrowski, MD</i>
	10:20 Marijuana and Male Reproductive Health <i>Charles Muller, PhD, HCLD</i>
	10:40 Nutrition for Enhancing Reproductive Health <i>Judy Simon, MS, RDN, CD, CHES, FAND</i>
	11:00 Cases - Question and Answer Session <i>Faculty</i>
	11:20 Break
	11:30 Dermatologic Conditions of the Male Genitalia <i>April Schachtel, MD</i>
	11:50 Inguinal Hernia: State of the Art <i>Andrew Wright, MD</i>
	12:10 Chronic Pelvic Pain <i>TBD</i>
	12:30 Cases - Question and Answer Session <i>Faculty</i>
	12:50 Adjourn

5th Annual

Men's Health Update

August 23-24, 2019

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

PAYMENT

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover	<input type="checkbox"/> Amex
Card #	Exp Date		Billing Zip	
CCV #	Signature			

<input type="checkbox"/> UW Budget	Budget Name		Budget #	
Box #	Proj	Opt	Task	

COURSE FEES

MD/DO/PhD	\$ 299.00
Allied Health	\$ 249.00
*Resident/Fellow	\$ 150.00
*Resident/Fellow rate requires written confirmation of current status	
Walk-in registrations incur a \$25 administrative fee	

RETURN COMPLETED REGISTRATIONS

BY MAIL:
UW CME

Box 359558
Seattle, WA 98195-9558

CALL:
206.543.1050

Register online at uwcme.org